

# Our Cover Families

Life as we know it changed when we found out that we were going to be parents of triplets. Initially, we were told that we were having twins but one week later when the doctor checked for heartbeats, I heard, "That was the third one," meaning he heard the third heart beat. At the time, I was in shock. It took 24 hours and nonchalant responses to the news from both my husband and OB/GYN for me to relax again.

Thankfully, Ava, Emily, and Kate were born after a healthy pregnancy at 36 ½ weeks. Three girls. How exciting! I know, however, that no matter what the sexes of my children, I would have believed that it was the best possible outcome.

I found that having triplets was actually easier than the pregnancy with them. Luckily, I had help from the time they were born and was able to juggle triplets, a husband, a job, and a home. It took a good four years for me to confidently say that I "got my groove back" after their birth. Despite the fact that I worked and was able to be more independent than stay-at-home moms, our lifestyle was completely changed. Until the girls were four, we did not travel and rarely took them with us when we went to friends' homes. All of a sudden, the summer after they turned four, we were able to go on family outings and trips like other families.

Our girls are now six. They are as different personality-wise as they are in their physical appearance. It is great for them because they have been able to develop their own identities, similar to siblings of different ages. Just like other children their age, they are the best of friends but also fight and can be very competitive. This past year was also a turning point because the girls were all in school and summer programs full-time. Each of these milestones is bittersweet but we delight in watching them grow and change. We've said that playing with Ava, Emily, and Kate is like being in a pile of puppies.



The Barosin family: David (Dad) and Alissa (Mom) with Ava, Emily & Kate and Anyeka, the family's nanny. The Barosin family was the winner of the cover family photo raffle at the 2009 MOST Wonderful Carnival.

We look forward to enjoying every stage of this wonderful ride. Thank you to MOST for always being there for parents and children and for helping in every way you can. We are lucky to have you in our lives! ♡♡



Back Cover Photo: Quinn, Reilly, Cassidy & Madelyn Godwin

**Childcare**  
**BOOKLET**

**Childcare for Multiple Birth Families:  
Nannies, Au Pairs,  
Mothers Helpers and  
Child Care Centers**

**This second edition of the MOST Child-care booklet contains information about the child care search, contracts, rules, and daily routines for in-home caregivers, personal stories, and many many resources for families. The booklet is done in full-color with dozens of beautiful photos, useful links, and sample forms, charts, and letters. Also included in this package is the Nanny Interview.**

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