

# VOICES of Grief

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<http://www.synspectrum.com/multiplicity.html>

Each loss is unique. Respect differences, privacy.

## ➤ *Validate:*

Acknowledge loss of individual(s) AND of group identity. Ask the bereaved about feelings, desires & choices.

## ➤ *Orient.*

Offer information on all grief/disposition options.

## ➤ *Involve:*

Encourage memories & keepsakes of each multiple & the set together. (14-15 wk demised fetus visible at term)

- ✦ Viewing, holding, photos, clinical mementos, sketches
- ✦ Matching items for each multiple, living and dead
- ✦ Caregiver letters for each multiple
- ✦ Ask about cultural or religious desires, prohibitions.

## ➤ *Community/Counseling:*

Offer counseling & peer support...more than once

## ➤ *Exit strategy.*

Help with decisions, logistics (transfer mom/stable neonates/deceased), out-of-hospital care.

## ➤ *Support:*

After the hospital

- ✦ Creative ideas for remembrance
- ✦ Support options