

MOST

(Mothers of Supertwins)



P.O. Box 306 * East Islip, New York 11730 * (631) 859-1110 * www.MOSTonline.org

MOST (Mothers of Supertwins), a **community of families, volunteers and professionals** founded in 1987, is the leading national nonprofit provider of **support, education and research** on higher-order multiple births. MOST's mission is to **advocate for quality prenatal care, promote healthy deliveries, and supply information to all multiple birth families** in order to support **successful parenting through every phase of their children's development.**

Change is in the air! (Baby, its cold outside.) For better or for worse change is coming. This change can be pretty scary but can be pretty exciting too. I thought of this a few moments ago after speaking with an expectant mother by phone. She and her husband had long sought to become parents, and after so much time, expense, physical and emotional pain, the stick finally turned blue; they were now pregnant - VERY pregnant! They are expecting triplets, and their lives have already begun to change. This coming year will be one like no other in their lives. Oh the anticipation! I am so really, really glad that they called, because knowing that they are not alone and that MOST is here for information and support can truly help.

One of the biggest changes we have seen at MOST over the last year in helping families just like this one is a lack of funding. These financial resources are desperately needed to continue to do all that we know is good and believe in, on behalf of multiple birth families. Over this last month, we have been in danger of closing our doors, and like many other non-profits we are hanging on by a thread. Yes, times have been THAT rough. Embracing the holiday spirit has been difficult at times. I hear from families every day who know exactly what we are going through. They have children who are just oozing with a joyful spirit of anticipation while their parents are almost immobilized by their fears of financial insecurity.

Do you see what I see? At times like these, finding that silver lining can be hard, but of course the child in all of us just keeps looking anyway. **We must not lose sight of all that has been good:** how far we have come, how much the help and support of others has meant and how to appreciate all that we DO have. **We must hold on to hope** and believe that whatever is around the corner is something that we will be able to handle. **We must trust that we will come through this period of change,** not only intact, but stronger and better than ever before.

Then, something totally unexpected happened. We have been approached by an accomplished author, Stanley F. Bronstein, who would like to write a book about MOST! Whoa, I was not expecting that, were you? And why not a book about MOST? Just thinking about this moved me to sit back and reflect on all that MOST has meant to me and my family over the last 20+ years.

Would your family be interested in being a part of this book? Would you consider sharing your story with us and how MOST has been there for your family? I included our mission statement at the top of this letter and bolded some of the key points we focus on, such as community, support, education and resources. If you are interested, we are asking for permission to use your story (and any photos you may wish to send) for possible inclusion in this book as well as other upcoming MOST materials and promotional items we might develop. If your story is chosen by Mr. Bronstein, you may be contacted for an additional interview. Even if it is not included in the book, we hope to share it in an upcoming article in *SUPERTWINS* magazine or in other works MOST develops.

We can only write this book, as well as keep on supporting multiple birth families in the future with YOUR help and support. This book is a wonderful opportunity for MOST to help get the word out to the general public about all we have to offer and all the fantastic work we have been able to accomplish in the last 2 decades. With that said, there are so many more families that we need to reach and so much more research and education we need to do and we need YOUR financial support right now to be able to do this. If when you read this you take that moment and think - yes, I do believe in what MOST stands for and support their work - please consider making a donation to MOST and/or sending us your story.

You absolutely do not have to make a donation to MOST in order for your family's story to be considered, and you do not have to send us your story in order to make a donation! Each is welcomed and truly, truly appreciated, no matter how short your note or small your contribution. All contributions will be tremendously appreciated and help us in offering services to families now and hopefully for many years to come!

Thank you so much, and I hope to hear from you soon! Until then, have a safe and wonderful season of joyful anticipation surrounded by the love of family and the spirit of gratitude and hope.

With fondest regards,

Maureen A. Doolan Boyle, Executive Director

A handwritten signature in cursive script, appearing to read 'Maureen'.

PS: More details on the book will be posted to the MOST website soon. To submit your story, please email us directly or send it to us by mail. To make a donation to MOST, you can call the MOST office, go through the website or drop it in the mail.