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Mothers of Supertwins



www.MOSTonline.org



MOST e-news

Celebrating 20 Years of Service

Monthly news for parents of multiples and the professionals who care for them.

July 2007

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The MOST Wonderful Carnival Ever!

The private MOST family carnival on June 24, 2007 in Oyster Bay, NY was a fantastic time for all. Over 300 people attended and families had a great time meeting each other and sharing a day together with their children. [Read more about the MOST carnival and see some of the wonderful photos from that day>>](#)

QQS Gathering in Philadelphia

Every summer since 2000, MOST has hosted a gathering of the members of our QQS (quadruplet, quintuplet, and sextuplet) forum. The gathering took place this July in Philadelphia: the city of Brotherly Love. Sixteen mothers of quadruplets and quintuplets attended and enjoyed several days of laughter and sharing stories about caring for these special families.

If you are a mother of quadruplets, quintuplets or sextuplets and are not currently a member of the [MOST QQS forum](#) please join us. We would love to meet you at next year's event!



MOST Recognizes Local Support Groups

MOST has launched a new pilot program to help families find local support groups. Some local groups focusing on triplets or more want to keep a more informal structure or avoid charging dues, but might not have the resources (website, newsletter, or advertising) to reach many of the families that could benefit from the group.

Therefore, the program is designed to help local groups reach more families by providing a list of these groups on the MOST website. Visit the [Members-Only Regions Forum](#) for more information on [group qualification criteria](#) and to see the [current list of MOST Recognized Groups](#).



What's Happening on the MOST Support Forums?

The [MOST Support Forums](#) now have over 660 registered users and almost 10,000 articles.

- [Register](#) to join the MOST forums today
- [Sign up](#) for the members-only and specialized groups
- [Forum Instructions & Group Descriptions](#)
- [Forum Terms of Agreement](#)
- [Contact the MOST Forum Coordinator](#)

Recent Forum Topics

Public Forum: Humor
[Triplet Humor](#)

Members Only:
Birth and Infancy
[Myths about Multiples](#)

Special Group: QOS
[Breastfeeding Quads?](#)

Apply for this Month's Featured Volunteer Opening

MOST Volunteer Forum

Do you enjoy reading about multiple birth families in the news? Would you like to learn more about putting content on a website? MOST has a new volunteer position available called the MOST Multiples in the News Coordinator. [See our volunteer posting for this position>>](#)

The Multiples in the News Coordinator will assist MOST by finding, reviewing, and posting stories about multiple birth families on one of our website's most popular features [Multiples in the News](#).

[MOST's Volunteer Forum](#) has a list of over 20 other volunteer positions available.

Focusing on iGive Merchants

Does your family include a beloved pet? If so, iGive, MOST affiliate program partner, has three different online merchants offering pet related products where every purchase donates a percentage to MOST:

- PetCareRx
- PETCO
- PETS MART



Supertwins Store Product of the Month

Sometimes parents of multiples just need an extra hand with feedings. The [Podee Hands-Free feeding system](#) allows feeding multiple babies anytime, anywhere (strollers, car seats). Once you use the Podee Hands Free bottle, you'll wonder how you ever lived without it.



Spotlight on the MOST Website

MOST conducts a number of in-house research studies on a variety of issues related to higher-order multiple births. We publish statistics from those studies as well as statistics from outside source on our [Supertwins Statistics](#) web page.



[Supertwins Statistics](#)

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